



Fitness

TANE WIKI

Fitness Trainer / Personal Trainer

“ Fell in love with Sports since the age of 2 and perused a career in the fitness and sports industry. Fortunate enough to represent and compete at regional and national sports levels for multiple sports codes. I thrive in helping other individuals achieve their fitness and health goals, so let's turn yours, into achievements!

Contact: tane.wiki@ymcaauckland.org.nz
Centre Hours: Monday - Friday: 5:30am -12pm

”

SPECIALISATION

- Sports coaching / Training
- H.I.I.T
- Weight Loss
- Strength / Explosive

QUALIFICATIONS

- REPS Personal Training Registered.
- REPS Group Fitness Registered.
- First Aid Qualified