

Kids Recreation Programs



Term 4, 2022
Mon 17th Oct - Tue 20th Dec

Y-Gymnastics Mini

These classes introduce children to gymnastics in a fun and exciting way. With a focus on a different piece of equipment /apparatus each lesson, children will build up their fundamental movement skills by balancing across beams, swinging on bars, jumping off boxes and rolling down wedges. To help encourage your child's imagination and social skills, each week we run a different theme with songs and group warm-ups. Classes have a variety of free time and structure in which children can explore the equipment supported by their caregiver. Classes are 45minutes long and require a 1:1 Parent to Child ratio.

Age: 1 - 4yrs **Time:** Thurs: 10.15am

Age: 3 & 4yrs **Time:** Sat: 9.00am

\$117
Casual:
\$18

Y-Gymnastics Colours & Stages

This is a skills based programme, designed to introduce kids of any ability to the sport of gymnastics in a fun and engaging environment. The instructors will teach kids how to roll, handstand, cartwheel and much more! During lessons, we will explore a range of equipment rotating around circuits, spending time on the beams, bars, rings, floor, vaults, and trampoline. Your child's progress is tracked through the YMCA Colours & Stages Programme, which is tested in Terms 1 & 3. There is opportunity for all Gymnasts to participate in an annual End of Year display.

Thursday

Time: 3.30-4.30pm **Orange/Blue** (5yrs+)

Time: 4.00-5.00pm **Blue/Red/Stages** (6yrs+)

Time: 4.30-5.30pm **Orange/Blue** (4 1/2 yrs+)

Time: 5.00-6.00pm **Red /All Stages** (7yrs+)

\$135
Casual:
\$18

Saturday

Time: 10.00-11.00am **All Colours & Stages** (5yrs+)

Time: 11.00-12.00pm **All Colours & Stages** (5yrs+)

Y-Active

Y-Active is a multi-sport program that encourages kids to develop physical and soft skills through movement and sport.

This program creates a fun, safe and engaging environment for kids of all ages and physical ability with the aim to expose a variety of sports to the group. This allows them to openly express themselves and find their own passion and interest. Each week, the class will focus on a different movement/skillset, which will tie into a specific sport for the week.

Age: 5yrs+ **Time:** Wednesday 4.00-5.30pm

\$90
Trial:
\$12

Kids Recreation Programs

Y-Panthers Basketball

Our Basketball classes teach ball-handling skills, drills, shooting and defense, as well as an understanding of the rules of basketball. We aim to create confidence, teamwork and overall fitness of all players. Each week focuses on a different element of the game, working in small groups through modified games.

\$99
Casual:
\$15

Monday @ Ellerslie

Age: 4yrs - 9yrs **Time:** 4.00-5.30pm

Age: 10yrs+ **Time:** 5.30-7.00pm

Tuesday @ YMCA Lagoon Stadium

Age: 5yrs+ **Time:** 3.30-5.00pm

Discounts and Promotions

Only one promotion can be applied to each booking

Early Bird (15%): Bookings made prior to 9th October 2022

Sibling Discount (20%): Three or more siblings enrolled in any of our programs

Gym Member (25%): Child of any YMCA gym member

Booking Instruction

AimyoOne: me.aimyone.com/ymca-krp

Email: seren.cooper@ymcaauckland.org.nz

Phone: 09-579 4716



YMCA Ellerslie

46 Michaels Avenue, Ellerslie

Ph: 09-579 4716

ellerslie@ymcaauckland.org.nz

www.ymcaauckland.org.nz

Make a Profile to book online: <http://me.aimyone.com/ymca-krp>

YMCA Lagoon Stadium

44 Domain Road, Panmure

Ph: 09-570 5321

